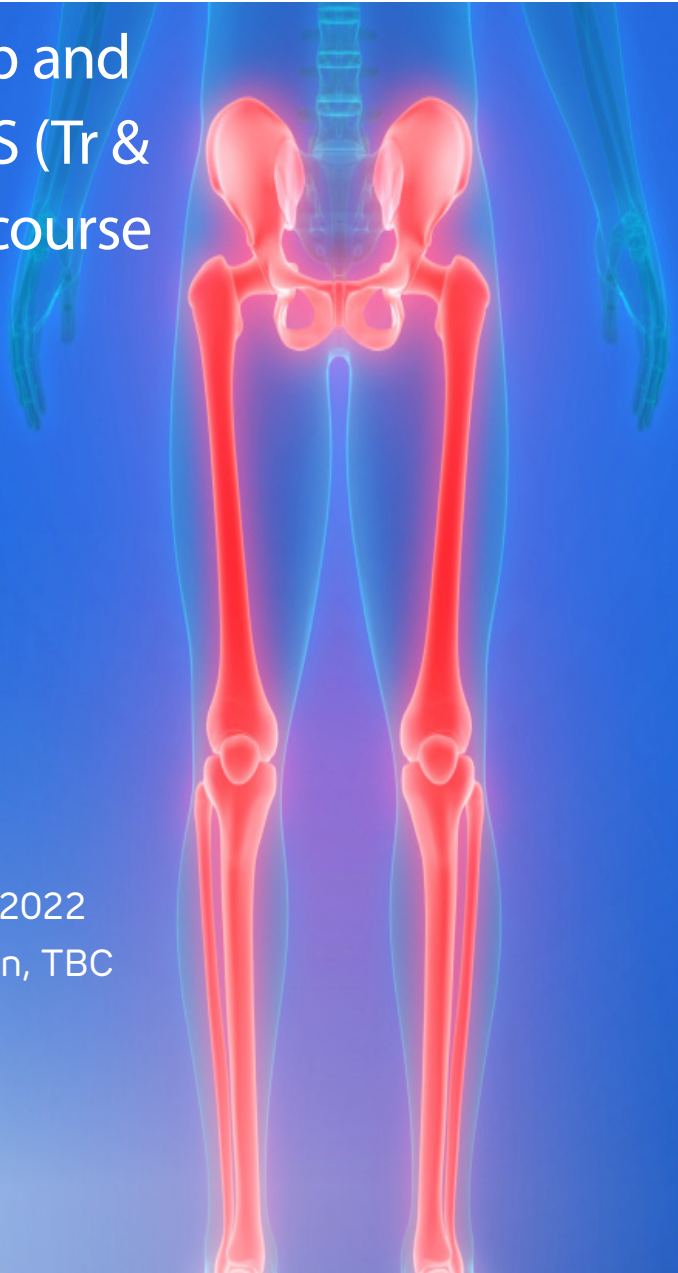


The Lower limb and paediatric FRCS (Tr & Orth) revision course

Date: 6—7 October 2022

Venue: South London, TBC



The Lower Limb & Paediatric (Tr & Orth) Revision Course



6- 7 October 2022



Venue: South London, TBC

Course convenors:

Mr Sunil Bajaj

Consultant Orthopaedic Surgeon,
Lewisham and Greenwich NHS Trust

Registration fees

Lectures and vivas: £375

Lectures only: £275

We only have 24 spaces available for the course, so please ensure you book early to avoid disappointment.

Book your space here:

<https://oruk.org/upcoming-events/lower-limb-and-paediatric-frcs-orth-revision-course/>

Educational aims and objectives

The course consists of a mixture of lectures and vivas for both days.

There will be interactive discussions, clinical case presentations that emphasize the tips and tricks of correct examination techniques, and a mock exam consisting of viva and short and intermediate cases in real exam style. Instant feedback will be provided to candidates at the end of each session.

Candidates will have ample opportunities throughout the course to put questions to our faculty, comprising of consultants (lower limb and paediatric orthopaedic surgeons) and senior trainees (who have recently cleared the exams and are impatient to share their exam secrets).

Course programme (day 1)

Thursday 6 October 2022

08:30	Registration and Refreshments
08:55	Introduction and welcome
09:00	DDH
09:30	SUFE
10:00	Perthes
10:30	Refreshments
10:50	Disorders of the foot / CTEV
11:20	Miscellaneous
11:45	Questions
12:00	Lunch
12:45	Forefoot disorders
13:10	Cavus foot
13:35	Orthotics /gait and prosthetics
14:00	Ankle arthritis-ankle fusion/ankle replacement
14:25	Flat foot- TPPD
14:50	Questions
15:05	Refreshments
15:30	Viva
16:35	Refreshments
16:50	Viva continued
17:55	End of day

Course programme (day 2)

Friday 7 October 2022

08:40	Refreshments
09:00	Avascular necrosis of the hip
09:25	Hip biomechanics and THR tribology
09:50	Revision THR
10:15	Refreshments
10:25	NJR & GIRFT
10:50	THR
11:15	Young adult hip
12:00	Lunch
12:45	Anatomy and biomechanics
13:10	Soft tissue and ligament injuries
13:40	TKR/revision TKR
14:20	HTO/unicompartmental knee replacement
14:50	Questions
15:05	Refreshments
15:30	Viva
16:35	Refreshments
16:50	Viva continued
17:55	Close of course