

Bringing British and Indian
Orthopaedics Together

SPRING EDITION

BIOS BULLETIN

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BRITISH INDIAN ORTHOPAEDIC SOCIETY

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www.britishindianorthopaedicsociety.org.uk

Led by Prof.B Singh.

From the Editor's Desk



Prof Bijayendra Singh
Chief Editor, BIOS Bulletin

It is a delight to bring the first Edition of the 2025 BIOS Bulletin. Since the last Bulletin a BIOS contingent were present in large numbers at the IOACON Bengaluru. A strong contingent of 10 members was led by the president Mr. Sunil Garg. The theme was Trauma revalidation via a case-based discussion. The meeting was well attended and was a huge success. This meeting also provides a good time for both Social and Educational bonding between the two societies.

Our membership, now exceeding 600 members, reflects the society's dedication to providing resources, networking opportunities, and professional development for orthopaedic surgeons of Indian origin in the UK.

We have signed a Memorandum of Understanding with Orthopaedic Research ORUK which should provide a good platform to showcase the work done by members. We hope you all join us in huge numbers and make it a great Success. The Flier and Information is pencilled in the Bulletin itself with further links on the BIOS website.

Our flagship event, the **BIOS Annual Conference** will be held in Belton Woods Hotel, Grantham, on June 20-21, 2025, hosted by Prof. Rohit Rambani and his team. This year's theme is ADAPT, EVOLVE, PROGRESS. As usual in the interim we highlight the various achievements of BIOS membership and reports from the travelling fellows.

Orthopaedic Education 360°: A Global View, a joint webinar by the SICOT Education Committee and the British Indian Orthopaedic Society (BIOS) aimed to explore global challenges in orthopaedic education, from bridging gaps and promoting equity to embracing digital innovation was organised on 7th March 2025 led by our President Mr. Sunil Garg and Mr. Sunil Bajaj.

Mr Rajesh Kakwani organised the first BIOS led ST3 interview course which was well attended and had excellent feedback from the participants and we hope that this will become a regular event.

The Northwest Education Academy has conducted FRCS Ortho Revision course Co-led by Prof. Kartik Iyengar.

The Inaugural Great North Hip & Knee Debate is being organised by ISKSAA led by our President elect **Mr. Sanjeev Anand** on 26th and 27th June 2025 at University of Leeds.

I encourage all of you to contribute to the Society and develop its Future. As always the editorial team is always keen on learning and improving things in the bulletin. It is your bulletin so please feel free to write to us.

Message from the President, BIOS



Sunil Garg
President, BIOS

A surgeon's life can be very demanding and challenging, with stresses of work life balance, growing age, declining health and increasing expectations from one's own self. Studies have clearly shown that the process of 'giving' reduces stress and helps achieve fulfilment and happiness. I would like to urge all our members to engage into giving back to the society which has given us the privilege to be where we are. One of the best ways of giving back is to help train the newer generation. All of us must pledge to provide opportunities to people around us and help provide training. BIOS facilitates visitations, observing fellowships and courses for trainees and consultant colleagues. We must all sign up to engage in this process and sign up to make our hospitals as fellowship centres to share our knowledge, skills and experience.

This year's annual conference at Grantham will be a landmark in history of our society as we complete our journey of 25 years. Prof Rambani and his team have chosen a very powerful theme of adapt, evolve and learn which is the need of these times when AI is determined to change our lives for ever. I am very much looking forward to this conference and invite you personally to attend this two-day retreat with experts and friends. Over the years it has become very clear that BIOS is an amazing platform where we all come together, share our experiences to help each other grow in many ways. I wish you all a very happy Easter 2025.

**BIOSCON 2025, Belton Woods Hotel, Grantham
June 20-21, 2025**

From the Hon. Secretary's Desk

As we enter the third year of the BIOS Bulletin's regular publication, I would like to commend the efforts of the BIOS Bulletin team under the guidance of Prof. Bijay Singh and organisation by Prof. K Iyengar. The British Indian Orthopaedics Society (BIOS) has demonstrated continued growth over the past years, with a strong focus on our mission to foster professional development, collaboration, and excellence in orthopaedics. Our membership, now exceeding 600 members, reflects the society's dedication to providing resources, networking opportunities, and professional development for orthopaedic surgeons of Indian origin in the UK.

BIOS has prioritised education and professional development. Our Education Committee, led by Mr. Sunil Bajaj and Mr. Shahnawaz Haleem, organised several workshops and training sessions throughout the year. We also maintained our relationship with our Indian counterparts through representation at the annual IOACON 2024 in Bengaluru.

We are currently finalising the Memorandum of Understanding between BIOS and ORUK to collaborate on funding research projects. Prof. J. Mangwani has been instrumental in formalising this agreement. Further details will be available in the coming months.

Based on feedback from our SAS membership, BIOS launched the Portfolio Pathway / CESR Mentorship program, led

Nitish Gogi
Hon Secretary, BIOS



by Mr. SN Anjum. We have enrolled three candidates and assigned them to their mentors. Interested candidates can find details on our website.

Additionally, we have sponsored our first SAS member for the BOA Future Leadership Program (providing 50% funding) and have confirmed our commitment to support the SAS group this year as well. Applications will be open on the BOA website soon.

Our flagship event, the BIOS Annual Conference will be held in Belton Woods Hotel, Grantham, on June 20-21, 2025, hosted by Prof. Rohit Rambani and his team. This year's theme is ADAPT, EVOLVE, PROGRESS. All members are encouraged to participate and contribute to our society's success.

From the Education Committee Secretary's Desk

It has been a privilege to be appointed as Educational Secretary of British Indian Orthopaedic Society (BIOS) in July 2024. I am quite excited to announce some of the upcoming educational activities of BIOS in the coming year.

BIOS at IOACON, Bangalore, December 2nd to 7th 2024 – BIOS hosted a Trauma Revalidation session discussing Evidence based management of Complex fractures covering the entire breadth of Orthopaedics, at the Indian Orthopaedic Association Annual Congress on 2nd December 2024 at Bangalore, India. A stellar line with Several BIOS members presented at the Podium session on different branches of Sub-speciality Orthopaedics. There was interactive discussion on common Management practices and further update in the Next Bulletin.

BIOS Sponsored fellowships 2024-2025 – The British Indian Orthopaedic Society sponsors a number of key fellowships in consultation with the Indian Orthopaedic Association (IOA) as a part of the Indo-British Travelling Fellowship Programme. BIOS will continue to support these National and International fellowships in the coming year. Advertisements for these fellowships will go out in April 2025.

BIOS Portfolio Pathway (CESR) Mentorship Programme– BIOS is pleased to share that it has started a BIOS Mentorship programme to support the Portfolio Pathway application for BIOS members. The aim is to provide 1:1 personalised guidance for Portfolio Pathway applicants in Trauma and Orthopaedics to

Dr. Sunil Bajaj
Education Committee Secretary,
BIOS



improve their chance of getting on the Specialist Register. **Mr. Syed Neshat Anjum**, Consultant Orthopaedic Surgeon is leading and Details available on the BIOS website. Link: [BIOS Portfolio Pathway / CESR Mentorship Program | British Indian Orthopaedic Society](#).

BIOS -SICOT collaboration: Integration of BIOS and SICOT educational activities for the future.

BIOS led Postgraduate Orthopaedic Training course (India): Plans to conduct five-day BIOS led postgraduate orthopaedic training course based on the MS orthopaedic syllabus in India. Discussion on going with the Agra Orthopaedic Society Education committee.

Regional BIOS educational leads: BIOS plans to appoint Regional BIOS educational leads to support Educational activities (e.g. FRCS Orth training courses/Saw bone workshops/ education days) in different regions of UK. This is in progress.

BIOS Educational Secretary's Vision for 2025



Shahnawaz Haleem

Joint Education Secretary, BIOS

The BIOS UK Fellowship programme is very sought after and has been very active over the last twenty years. Previous fellows have already attained senior leadership positions in the IOA and State Chapters including Presidency. I am very pleased to inform all BIOS senior and friends that the confirmed host centres has now expanded to the following –

1. Medway Maritime Hospital – Upper Limb(UL)/Lower Limb(LL)/Hands – Host – Mr Bijay Singh
2. Wrightington Hospital – LL- Mr Mukesh Hemmady
3. Leeds General- LL Mr Sanjeev Anand
4. Diana, Princess of Wales Hospital, Grimsby – Mr Aravind Desai
5. Warrington Hospital – LL/UL – Mr Prakash Chandran
6. Bridgend Hospital – LL – Mr Amit Chandatreya
7. Royal Gwent Hospital – UL/LL/Spine – Mr Yogesh Nathdwarawala/Mr Ashish Khurana
8. Royal Orthopaedic Hospital – UL/LL/Paed/Spine – Mr Sha Haleem
9. Boston Pilgrim Hospital – UL/LL – Rohit Rambani
10. Queen Elizabeth Hospital, Woolwich – UL/LL – Mr Sunil Bajaj

The above list is not exhaustive and many other centres have expressed interest in hosting visiting fellows from India. The requirements will include Police clearance from India, Sign off from local host, Clearance from Occupational Health, etc. The fellows will benefit from a programme include shadowing on call teams to expand their experience. They will present their experiences at the BIOS Annual Meeting in a short podium presentation. They will be awarded a certificate once their report has been submitted.

BIOS State Fellowships

These are currently being arranged for Chattisgarh (two), Karnataka(two) and Rajasthan(two). The Chattisgarh fellows for 2025 will be hosted by Medway Maritime Hospital just prior to the Annual Meeting with details of other fellows awaited. The previous year has seen fellows hosted at Royal Gwent Hospital, Warrington Hospital, Diana, Princess of Wales Hospital and Royal Orthopaedic Hospital (both Senior and Junior IOA Fellows).

I am grateful to all the host centres and the hosts for their active involvement and enthusiasm in making these fellowships a very fruitful experience for our visiting fellows who cherish this for a lifetime. I call upon all interested friends to contact me for hosting information.
Thank you.

Destination Grantham – BIOSCON 2025

BIOS would like to invite you all to its 26th Annual conference on 20th and 21st June 2025 at Belton Woods Hotel Grantham Lincolnshire. This 2-day distinguished event in collaboration with the British Orthopaedic Association (BOA). As a recognized sub-specialty of BOA, BIOS is dedicated to advancing orthopaedic education and fostering global connections.

The theme of the conference is “**Adapt Evolve Progress**”.

Conference Highlights:

- Join us at the Belton Woods Hotel, in Grantham for two days of insightful discussions, networking, and learning.
- This year's conference will feature updates on a wide range of topics, covering both trauma and elective orthopaedics.
- Our esteemed speakers will delve into the latest developments including use of Artificial Intelligence, trends, and evidence that have significantly shaped contemporary orthopaedic practice.
- At the end of both conference days, we have an opportunity to network and interact with faculty and other surgeons during sit down dinner.

Prof Rohit Rambani
Conference chair

BIOS 2025 at Belton Wood Grantham

2025
ANNUAL
BIOS CONFERENCE

BELTON WOODS
HOTEL, GRANTHAM

20TH AND 21ST JUNE
2025

ADAPT, EVOLVE AND PROGRESS

Join us for two conference days of learning and empowerment, complemented by fantastic networking evenings on both nights.

Tickets can be purchased at www.biosconference.co.uk.

EARLY BIRD TICKETS ARE AVAILABLE UNTIL APRIL 30TH

Abstract submission opens 17th Jan 2025
Deadline for abstract submission 17th March 2025
Notification of abstract results 7th April 2025

2025
ANNUAL
BIOS CONFERENCE

BELTON WOODS
HOTEL, GRANTHAM

20TH AND 21ST JUNE
2025

CESR SESSION: PORTFOLIO PATHWAY

Join us for our CESR Session on 20th June 2025!

This session will include information on:

Pitfalls to Avoid

Top 10 Tips

Assessor's View in Applications

Speciality Specific Guidance

BIOS Mentorship Programme

An Interactive Workshop for the Successful Portfolio Pathway
The Transition from CESR PP to Consultant Post

BIOS at IOACON 2024

BIOS made its presence felt at the **IOACON 2024** which was held in the beautiful garden city of **Bengaluru between 2-7 December 2024.**

The BIOS contingent was 10 strong including the **BIOS president, Sunil Garg**

The theme of the BIOS session was trauma revalidation with interactive elements,inviting audience participation.

The talks were 15 minutes each. 2-3 trauma cases were presented discussing controversies in management and evidence base.

Shoulder Trauma

Elbow and wrist trauma

Paediatric trauma

Spine trauma

Hip and knee trauma

Foot And Ankle trauma

This was followed by a 10 minute talk on training opportunities and pathways for young doctors aspiring to train in or-thopaedics in the UK.



BIOS at IOACON poster



Bengaluru hospitality



BIOS Faculty on the podium



Hospital Visit



Chilling Out

BIOS Research Committee Update

The BIOS Research Committee is extremely excited to announce that a memorandum of understanding (MoU) has been agreed and signed between BIOS and Orthopaedic Research, UK. This landmark partnership will help increase the total research grant funds available in the year 2025-26 to a total of 20K. This will help attract meaningful research grant applications from academics in Trauma and Orthopaedics. More details will be communicated in due course.

The committee has continued to promote high quality research through the society. The research committee has supported research amongst BIOS members and helps access to pump priming funds for developing research ideas. In addition, the committee looks to advice and mentor young orthopaedic trainees interested in academics.

Since the conference last year, the committee has worked hard to streamline abstract submission, handling and reporting process. This involves the use of MedAll platform. More details are available on BIOSCON 2025 website.

The committee would like to thank Prof Hemant Sharma for his contribution and support in the year 23-24. We are very grateful to Prof Arpit Jariwala for agreeing to be co-opted to the committee this year.

Research Committee Members

Prof Jitendra Mangwani (Chair)
Prof Karthik Iyengar
Prof Aravind Desai
Prof. Arpit Jariwala



MEMORANDUM OF UNDERSTANDING

BETWEEN

Orthopaedic Research UK
and
British Indian Orthopaedic Society

BIOS Sponsored Fellow's Report

Beyond the Boundary: A Journey through Elite Sports Surgery in India



Dev H. Thakker

A few hours after landing from an overnight flight to Mumbai, I was hurtling through the streets of Andheri West in a rickshaw whilst the rest of Mumbai was slowly waking. After a sharp right turn, the 16-floor monolith appeared – the Kokilaben Dhirubhai Ambani Hospital. I hurried through the airport-style security at the entrance and managed to locate and quickly complete the HR formalities. I was then ushered to the third-floor theatres where the list had already begun. A quick change into the hospital-branded scrubs, and I was welcomed into the theatre where Dr. Pardiwala was finishing his first case of the day—an ACL reconstruction with bucket-handle meniscus repair. There, flanked by his two fellows, Dr. Rammohan Yedave and Dr. Hitesh Yadav, and his scrub nurse of 17 years, Sister Prachi, he quickly began enlightening me on his techniques for managing ACL injuries. It was clear that this was a practice honed and perfected over many years.

The half-day list continued in similar fashion with another ACL and meniscus injury up next. Dr. Pardiwala explained his preference for a quadriceps tendon graft in elite athletes versus a quadrupled semitendinosus graft for others. Where possible, he tried to use a remnant-sparing approach and deftly displayed his ability to tunnel a new ACL graft perfectly through the old stump.

In the afternoon, I joined the clinic, where the atmosphere was as much a tribute to sports as it was a centre for clinical excellence. Patients, many having travelled from across India and even internationally, including several from the UK, were seen in one of two consulting rooms adorned with signed sports memorabilia. A signed cricket bat from Sachin Tendulkar, Neeraj Chopra's signed javelin, and a signed cricket jersey from the T20 World Cup-winning India squad were just a selection of what was on display, and the environment reflected Dr. Pardiwala's stature within elite sports in India.

Patients came equipped with bags of prior medical records and imaging films. Despite the lack of a centralised note system, Dr. Pardiwala's focused history-taking and rapid interpretation of paper records and MRI films was nothing short of impressive. His ability to consult with patients across four different languages and convey complex clinical situations with such clarity was striking. When surgery was not indicated, he meticulously drafted rehabilitation plans and was often able to recommend trusted local physiotherapists across India by name—a testament to his encyclopaedic knowledge of the



sports medicine community in India. If surgery was required, he would clearly explain what would be involved before, during, and after the procedure and be candid about what the realistic outcomes could be. When more prompt intervention was required, somehow in an already full theatre and clinic list for the week, Dr. Pardiwala and his excellent secretaries, Mitesha and Pranita, would find a way to accommodate them to ensure clinical care was never hindered. It was also not uncommon for consultations to end with the patient requesting a photo with Dr. Pardiwala, such was his reputation throughout India!

After a long day of theatre and clinic, we embarked on the daily evening ward round, seeing all inpatients under Dr. Pardiwala's care. Patients were distributed throughout the hospital based on their room category, ranging from the 16th-floor VIP guest suite rooms right down to the 9th-floor general ward patients. All patients had at least one family member staying with them at all times—a far cry from the strict visiting times on our hospital wards back home. The patient and their families would seemingly bolt upright to attention as Dr. Pardiwala entered each room and explained the next steps in their care.

The following morning, I joined pre-rounds with Dr. Hitesh before another full day in the theatres. On Tuesdays and Thursdays, Dr. Pardiwala ran two parallel operating theatres. We changed and met the first patient and their family in recovery. Dr. Pardiwala spoke again to the patient and their family and accompanied the patient into theatre. Once the patient was anaesthetised, Dr. Pardiwala was briefed on the outcome of the pre-round, and would then go himself and see his inpatients whilst Dr. Ram and Dr. Hitesh would set about methodically prepping and draping the patient, ably assisted by Sister Prachi. Each patient would have the entire operative limb shaved the night before surgery, followed by a chlorhexidine bath from the neck down. This chlorhexidine bath was then repeated on the morning of surgery, highlighting a time-tested strategy to maintain exceptionally low infection rates.

During my time with Dr. Pardiwala from 21st January 2025 to 1st February 2025, a total of 32 cases were performed. This included ACL reconstruction, a spectrum of meniscal repairs, lateral extra-articular tenodesis, posterolateral corner reconstruction, patellar instability surgery, cartilage repair, knee osteotomies, rotator cuff repair, shoulder instability repair, Latarjet procedures, and an Achilles tendon repair, highlighting the sheer breadth of his practice.

Towards the end of the first week, I travelled to Ahmedabad for the 'Master Class on Cartilage Repair' meeting. This was a dedicated international conference focusing on cartilage repair



and joint preservation. The food throughout the conference was also spectacular, with traditional Indian chai and hot snacks during the tea breaks and an abundant Indian buffet lunch and dinner. I returned to Mumbai for another week immersed in the Sports Medicine department of the Kokilaben Dhirubhai Ambani Hospital.

Reflecting on my time in India, I found that the experience provided much more than technical learning—it was an immersive exposure to a comprehensive model of orthopaedic sports medicine. Dr. Pardiwala's blend of refined surgical technique, patient-centred rehabilitation, and dedication to evidence-based practice reaffirmed why he is a respected leader in the field. I am grateful to the entire Sports Medicine team at the Kokilaben Dhirubhai Ambani Hospital, who welcomed me wholeheartedly and made my time there so productive. I am especially grateful to the fellows, Dr. Ram and Dr. Hitesh, who always ensured I was in the right place at the right time and, without hesitation, incorporated me into their well-oiled and hard-working team. The opportunity to learn from a true international leader in sports surgery was one that surpassed all my expectations. Dr. Pardiwala was so generous with both his time and knowledge, and I hope to build on everything I have learned with him as I continue my training in the UK. It was only fitting that on my final night in Mumbai, Dr. Pardiwala had kindly arranged tickets for me to watch a dominant India beat England in a T20 international match at the world-famous Wankhede Stadium! I would like to thank both BOTa and BIOS for the awarding of the Travelling Fellowship Grant.

BIOS-IOA FELLOWSHIP EXPERIENCE – Mr Kam cheema

MR KAM CHEEMA was the BIOS-IOA fellow for 2024. He visited The Medanta hospital in Gurugram. Medanta hospital is a multi-speciality hospital with 1400 beds, 270 ICU beds, 40 operating theatres and 900+ doctors

Mr Cheema was impressed the scale of the hospital, beautiful grounds, clean facilities and excellent hospitality.



Dr Attique Vasdev, vice chairman of arthroplasty services was an excellent mentor and very hospitable.



Over 200 patients are seen daily in the outpatients which have modern consulting rooms, rapid access to investigations and pre assessment with excellent staff support.

The orthopaedic theatres were well equipped with over 25 cases done daily covering arthroplasty both primary and revision, Robotics in arthroplasty, ACL reconstruction and trauma. Theatre efficiency was improved with reduced surgeon down-time, orthopaedic juniors and implant reps.

Mr Cheema felt that this was an excellent fellowship experience in a flagship private hospital in India with high case volume of complex trauma and elective cases.

He is thankful to BIOS-IOA, Dr Vasdev for hospitality and Mr Bajaj for ongoing mentorship.

Inside Theater



Navigation



BIOS SAS Development Update 2025

A) A dedicated **CESR/Portfolio Pathway Update session** is planned to be organised on the first day (**20th June 2025**) of the BIOS Annual Conference, 2025 to be held at Belton Woods, Belton, Grantham NG32 2LN.

The **BIOS Portfolio Pathway Session 20th June 2025** will include a combination of talks on

- **Speciality Specific Guidance (SSG) Tr&Orth** Portfolio pathway on collecting evidence
- **An Assessors View of Portfolio Pathway** Application from,
- **Portfolio Pathway- Pitfalls to Avoid** ,10 Top Tips| Experience| Steps
- highlights from **BIOS Portfolio Pathway (CESR) Mentorship Programme** to support the Portfolio Pathway application for our SAS doctors led by Syed Neshat Anjum, Consultant Orthopaedic Surgeon, University Hospital Southampton, Education Committee.

A new Initiative & Workshop is planned to follow this: **A one-hour CESR |PP Interactive Workshop Rotating x 3 or 4 Tables**. This will interactive discussion and answers to commonly asked questions pertaining to below from the Faculty.

1. CV /Management/LS
2. PBA+Assessments+Logbook
3. Research Audit Publication
4. Non- Clinical Evidence- Communication Complaints.

Tickets can be purchased at www.biosconference.co.uk

There is continued and increasing support for SAS members professional development through BIOS. Please get involved and British Indian Orthopaedic Society will welcome any professional queries.

B) The **BIOS Portfolio Pathway (CESR) Mentorship Programme** to support the Portfolio Pathway application for BIOS SAS doctors is up and running. The aim of the BIOS Mentorship Programme is to provide 1:1 personalised guidance for Portfolio Pathway applicants in Trauma and Orthopaedics to improve their chance of getting on the Specialist Register. Further information is available on the BIOS Website. Link: [BIOS Portfolio Pathway / CESR Mentorship Program | British Indian Orthopaedic Society](https://www.biosconference.co.uk/BIOS-Portfolio-Pathway-CESR-Mentorship-Program-British-Indian-Orthopaedic-Society).

C) The **BIOS Research Committee** encourages submissions for both Grant and survey applications from SAS members. Details are available on the BIOS website and if there are any questions/suggestions, please get in touch via research.bios@gmail.com

D) BIOS has co-badged with the North-West Education Academy to organise the forthcoming **"North-West FRCS (T & O) and BIOS Coaching & Mock Exam course"**- an intensive one-day preparatory course aimed at candidates (both Trainees & SAS) preparing for FRCS (T & O) examination planned on 05 April 2025 @ Halton, Warrington. BIOS Members can avail a 10% discount on Registration fees. All are welcome. Please see attached Flier. Email: northwestfrcscourse@gmail.com

BIOS Member Achievements

**Outstanding & Notable Achievements from BIOS Membership, Spring 2025
Till the time of the Publication of Spring 2025 BIOS Bulletin**

We CONGRATULATE the following BIOS member/s in achieving the following Prestigious Awards and Appointments

Prof. Vikas Khanduja

We congratulate Prof. Vikas Khanduja on his 2 notable recent achievements.

1. He has been elected President, SICOT (Société Internationale de Chirurgie Orthopédique et de Traumatologie), for the next two years, and
2. Procured a NIHR Grant of 1.4 million for development of sensors for precision joint replacement surgery

Prof. Rohit Rambani

Prof Rambani has been appointed as a Honorary Clinical Professor and Chair of Orthopaedic Surgery in Lincoln Medical School and University of Lincoln in January 2025.

BIOS Orthopaedic ST3 Interview Preparation Course – 25/01/2025

The first annual BIOS Orthopaedic ST3 interview preparation course was conducted on 25/01/25.

A virtual course held over the morning included talks from successful candidates and national ST3 interview panel members, followed by mock interviews. Twenty-four candidates attended the session, supported by a faculty of 11 Consultants and 12 Registrars, ensuring an almost 1:1 ratio. Every candidate had the opportunity to participate in an individual interview and observe two additional mock interview sessions.

The feedback was extremely positive, with many requesting a repeat of the course in March 2025. Feedback included comments such as "Very well organized and a good chance to

gain an insight into how the interviews may run," "It gave me a real-time experience of being under stress," and "Good explanations of things done well and areas to improve." A special thanks goes to all the faculty who generously gave up their Saturday morning to support the event, and to Nikhil Punogoti and Savio Mathew, who worked hard on writing the scenarios and organizing the event, making my role as the organiser very easy.

Rajesh Kakwani,
BIOS Education Committee

BIOS Collaborative Initiatives 2025

SICOT-BIOS – Orthopaedic Education 360°: A Global View

Friday 7 March 2025 | Webinar title: Orthopaedic Education 360°: A Global View

Orthopedic Education, Teaching and Training is critical to the advancement of healthcare, as musculoskeletal disorders and injuries are a leading cause of disability worldwide. Orthopaedic education, like medical education in general, varies considerably across the world, shaped by regional health needs, economic factors, educational systems, and access to resources.

Orthopaedic Education 360°: A Global View, a joint webinar by the SICOT Education Committee and the British Indian Orthopaedic Society (BIOS) aimed to explore global challenges in orthopaedic education, from bridging gaps and promoting equity to embracing digital innovation. Experts delved into the role of global organisations, the potential for worldwide collaboration, Innovative Models for Orthopaedic Collaboration and how technology is reshaping training.

Talks Included

Moderators:-

Saseendar Shanmugasundaram, India (SICOT Ed Committee)
Sunil Bajaj, UK (BIOS Ed Committee Chair)

Global orthopaedic education gaps: challenges and solutions

- **Mohit Bhandari**

Equity & diversity in orthopaedics: what is lacking?

- **Jagmeet Bhamra**

Globalisation of orthopaedic education: is it possible?

- **Shanmuganathan Rajasekaran**

The role of global organisations in shaping education

- **Vikas Khanduja**, President SICOT

Innovative models for orthopaedic collaboration

- **Karthikeyan Iyengar**

Training in the digital age: leveraging resources and technology

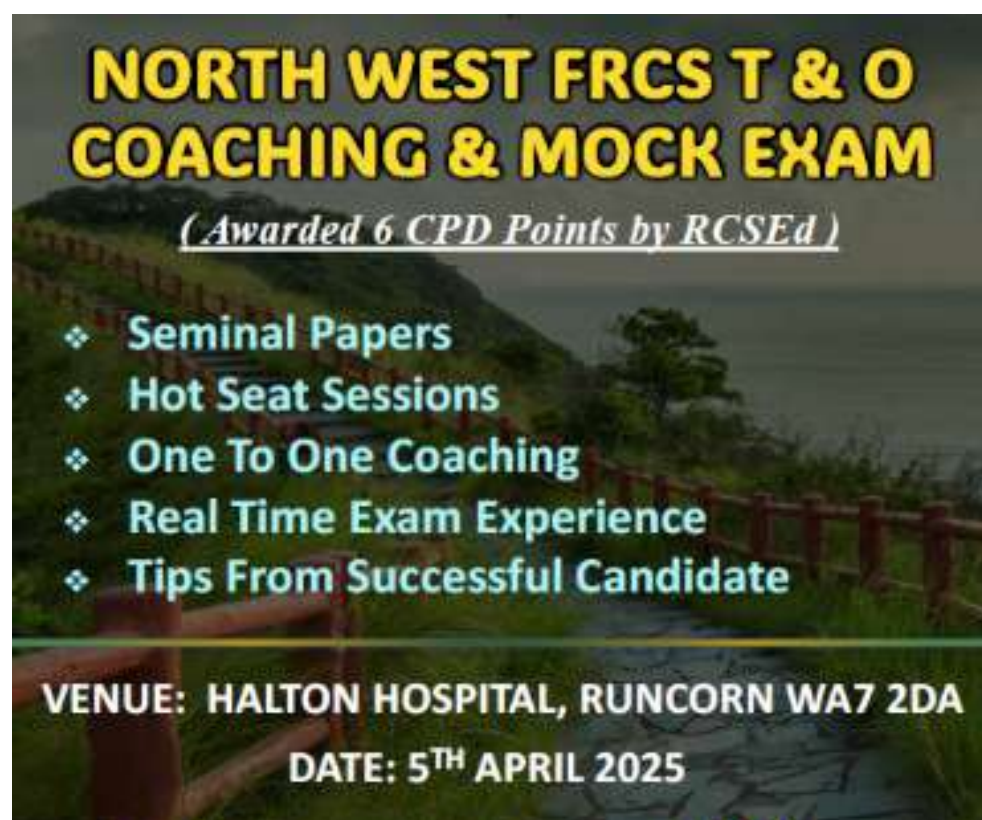
- **Sunil Garg**, President BIOS



NWEA (UK) and BIOS "North-West FRCS (T&O) and BIOS Coaching & Mock Exam course"

Saturday 5 April 2025

Building on previous associations, BIOS formerly joined the Northwest Education Academy UK to hold a Co-badged **"North-West FRCS (T & O) and BIOS Coaching & Mock Exam course"**- an intensive one-day preparatory course aimed at candidates (both Trainees & SAS) preparing for FRCS (T & O) examination planned on 05 April 2025 @ Halton, Warrington. A hugely popular course, preparations are in Full swing with significant representation of BIOS members as Faculty. A special Thanks to Organising committee, **NWEA Chair Mr Satish Dhota** and **Mr Sunil Bajaj**, BIOS Education Committee Chair to make it possible.



Next BIOS Bulletin

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BIOS Executive Committee 2024-25

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Mr Sunil Garg

President Elect

Mr Sanjeev Anand

Honorary Secretary

Mr Nitish Gogi

Joint Secretary

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THANK YOU

Newsletter Sub-committee Members



BJ Singh



Prof Kuntal Patel



Mr Ravi Kamath



KP Iyengar

Led by Prof. B. Singh in collaboration with Prof Kuntal Patel, Mr Ravi Kamath, Prof K P Iyengar